



Approved December 17, 1997

Policy Statement on Complementary Therapies

The College of Midwives of Ontario recognizes that complementary therapies such as homeopathy, herbology, aromatherapy, acupuncture, massage, chiropractic, and naturopathy may be chosen by women receiving midwifery care.

These therapies are valued by some women for their effects on the progress of pregnancy, labour and the postpartum period.

It is the responsibility of the midwife who incorporates complementary therapies into the provision of midwifery care to obtain education appropriate to their use. The midwife should provide sufficient information for her client to make an informed choice. The midwife should clearly inform her client regarding her knowledge and qualifications in the use of complementary therapies as well as informing the client of her right to seek care from other practitioners. As a health care provider the midwife should recognize the potential effect her opinion may have on her client's choice.