College of Midwives of Ontario Policy on Continuing Competencies

Midwives must successfully complete a The College of Midwives of Ontario (CMO) approved course in Obstetric Emergency Skills, Neonatal Resuscitation and Cardiopulmonary Resuscitation at initial registration and regularly thereafter. The Quality Assurance Committee (QAC) approves each course based on an objective set of criteria. Courses not listed in this policy must be pre-approved by the CMO in order to be accepted as evidence of continuing competency.

All midwives registered in the general class must provide the CMO with evidence of successful completion by the registration renewal date of October 1st.

A midwife who is an instructor in obstetric emergency skills, neonatal resuscitation or cardiopulmonary resuscitation will meet the continuing competency requirement for the particular course of instruction with evidence of current instructor status in that course. She or he must also show evidence of having assessed or having been assessed within the required timeframe: within the previous year for neonatal resuscitation, or within the previous two years for obstetric emergency skills or cardiopulmonary resuscitation courses.

CMO Requirements and Approved Courses

Every Year

Neonatal Resuscitation

Every year, midwives shall provide evidence of continuing competency in neonatal resuscitation.

Currently accepted course:

• Neonatal Resuscitation Program (NRP), all sections, delivered through the Canadian Paediatric Society (CPS)

Every Two Years

Obstetrical Emergency Skills

Every two years, midwives shall provide evidence of continuing competency in obstetric emergency skills. The standard is successful completion of a course that meets or exceeds...
the Association of Ontario Midwives (AOM) Emergency Skills Workshop (ESW). To meet this standard in a course other than the ESW, successful completion of all of the obstetric emergency skills included in the ESW is required. The minimum required emergency skills are antenatal, intrapartum and postpartum haemorrhage, abnormal fetal heart, malpresentation and cord prolapse, shoulder dystocia, emergency breech birth, emergency twin birth.

Currently accepted courses:

• Emergency Skills Workshop (ESW) (Association of Ontario Midwives, Midwives Association of Manitoba, Association of Alberta Midwives, Regroupement les Sages-Femmes du Québec).
• Midwifery Emergency Skills Program (MESP) (Association of Midwives of British Columbia)
• Obstetric Emergency Skills courses administered by a recognized Canadian Midwifery Education Program or Bridging Program.
• Advances in Labour and Risk Management (ALARM), (Society of Obstetricians and Gynecologists of Canada)
• Managing Obstetrical Risk Efficiently (MORE OB\textsuperscript{TM}) (Salus Global\textsuperscript{TM})

Cardiopulmonary Resuscitation

Every two years, midwives shall provide evidence of continuing competency in cardiopulmonary resuscitation at the level of Health Care Provider.

The standard is successful completion of a course that meets or exceeds the following currently accepted courses:

• BLS for Healthcare Providers (C) (Heart and Stroke Foundation of Canada)
• CPR/AED Level HCP (Canadian Red Cross)
• CPR HCP (Lifesaving Society)
• CPR HCP (St. John Ambulance)
• CPR HCP (First Aid 4U)