

Guideline on Continuing Education & Professional Development

Members registered in the general class, including new registrants, or supervised practice class are required to participate in at least three continuing education and professional development activities each reporting year.

A continuing education and professional development activity is one that maintains or improves a member's knowledge, skill or judgment related to the practice of midwifery.

Any activity that is currently a certification requirement of the College (i.e. NRP, CPR or ES) is not eligible as a continuing education and professional development activity.

Acceptable activities include:

- Courses
- Conferences
- Workshops (e.g. Fetal Health Surveillance)
- MORE ^{OB}
- Professional presentations
- Conducting research projects
- Independent learning¹
- Hospital Rounds
- Teaching, preceptorship
- Writing articles for publication
- Professional study groups, peer case review²
- Webinars

Upon completion of any continuing education and professional development activity, it is important to reflect on what you learned and how you can apply this to your practice. Ask yourself what worked and what did not – self-reflection can help you ensure that your professional development is relevant to your practice.

Participating in a variety of continuing education and professional development activities is important in achieving your learning objectives, regardless of your

¹ Reading professional journals, research for clinical midwifery practice, etc.

² When QA requirements of six peer case reviews per 12-month period have been met, additional peer case reviews can be considered as acceptable activities.

preferred learning style. Direct contact with midwives from other practice groups and/or other maternity care providers can also be a valuable method of determining your continuing education goals.

Continuing education and professional development activities must be recorded in the Quality Assurance Program Annual Record and must include the date, location, number of hours, learning needs, goals and content. Learning needs may be assessed in a variety of ways, primarily through self-evaluation.

Action

- Annually participate in and report on three CPD activities in the Quality Assurance Program Annual Record
- Retain continuing education and professional development records for five years from the date that the member submits the record to the College
- Members registered in the general or supervised practice class for only a portion of the reporting year are eligible to pro-rate their requirements, as outlined in the table below.

Annual Record reporting requirements for QAP activities based on the number of months registered in the general class:

Months in General Class	Number of Peer Case Reviews *	Number of CE/CPD activities ≠	Complete QCE Declaration∞
0-2 months	0	0	No
3-4 months	2	1	Yes
5-6 months	3	2	Yes
7-8 months	4	2	Yes
9-10 months	5	3	Yes
11-12 months	6	3	Yes

*Peer review requirements out of a total of 6

≠CE/CPD activities out of a total of 3

∞QCE declaration required